



# IGF Anti-Doping Handbook **Olympic Games Tokyo 2020** **(2021 version)**

**For Athletes and Athlete Support Personnel**





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**This handbook is intended primarily for athletes preparing for the Olympic Games Tokyo 2020. The document may also be useful for the athletes' support personnel, such as agents, coaches and medical doctors.**

As an athlete, it will help you prepare for participation in the anti-doping programme, which is a condition of participation in the Olympic Games. **Reading this handbook will help you to know:**

- what is involved in the Olympic anti-doping programme;
- what constitutes an Anti-Doping Rule Violation (*ADRV*);
- what substances and methods are prohibited;
- what are the urine and blood testing procedures;
- how to check your sample security and identification;
- what your rights and responsibilities are during testing;
- what are the risks associated with supplement use;
- how to check if your medications are permitted;
- how to identify the *Testing Authority* and verify the *Sample Collection Authority/ Doping Control Officer (DCO)*;
- how to access your profile in *Anti-Doping Administration & Management System (ADAMS)* online and mobile app;
- how to file your *Whereabouts* with the IGF from **23 April to 8 August 2021**; and
- how to update your *Whereabouts* during this time as your schedule changes.

Note: terms in the glossary appear capitalised and in italics throughout the document.

## Importance of Drug-Free Golf

The [World Anti-Doping Code \(WADC\)](#) is mandatory for the whole Olympic movement. As a potential Olympic athlete, it is your responsibility to abide by the applicable anti-doping rules in line with the *WADC* when you are part of the Olympic anti-doping programme. Doping is contrary to fair and clean sport; it is cheating and may also be harmful to your health.

Anti-Doping Rule Violations (*ADRVs*) are defined in the *WADC* and include, among others, use of a prohibited substance or prohibited method, the presence of a prohibited substance in an athlete's sample, refusing to submit to sample collection and *Whereabouts Failures (Filing Failures and Missed Tests)* due to inaccurate or incomplete *Whereabouts* submissions of an *RTP* athlete). The full detailed list of the ten different types of *ADRVs* can be found on page 24 below, and consequences of an *ADRV* may include disqualification, ineligibility and mandatory publication of your violation.

Anti-doping rules are based on the principle of strict liability; this means **you are solely responsible for whatever is found in your body. It is your duty to remain within the applicable anti-doping rules, and to know your responsibilities and rights.** This handbook provides essential, summary information to help you understand and comply with the international anti-doping rules that are associated with the Olympic Games Tokyo 2020. Links to supporting resources are included.

Even if you are already part of a Professional Tour anti-doping programme, you should be aware of the different requirements of the Olympic anti-doping programme, and ultimately understand and comply with your responsibilities.

## Who is Part of the IGF's Olympic Anti-Doping Programme?

Potential golf athletes for the Tokyo 2020 Olympic Games are included in the IGF's Olympic anti-doping programme.

The IGF's testing programme starts on **23 April 2021**. All athletes listed on the [Olympic Golf Rankings \(OGR\)](#) and those entered by their respective National Olympic Committees (NOCs) to participate at the Tokyo 2020 Olympic Games are put in the IGF Olympic *Registered Testing Pool (RTP)* as of **23 April 2021**. An important requirement of being in the *RTP* is the obligation to provide *Whereabouts* information and for the athletes to make themselves available to the IGF for in-competition and out-of-competition testing.

Between 23 April 2021 and 4 July 2021, the IGF Olympic *RTP* will be expanded each week in line with the rankings. Athletes who have not qualified once the field is final on **5 July 2021** will be removed from the *RTP* and will no longer be part of the IGF's Olympic anti-doping programme.

You can find more information on the qualification timeline [here](#) and more information on the criteria to be included in this programme depending on the date in the document entitled '[IGF 2021 Anti-Doping Programme for the Olympic Games Tokyo 2020](#)'.

## Rules and Regulations

### What should I be aware of for the Olympic anti-doping programme?

**Athletes and athlete support personnel from all sports competing in the Olympic Games are bound to anti-doping rules that respect the *World Anti-Doping Code (WADC)*.**

As an athlete, in addition to meeting the requirements of the *Qualification System*, to be eligible for the Olympic Games, you will be asked to sign the following:

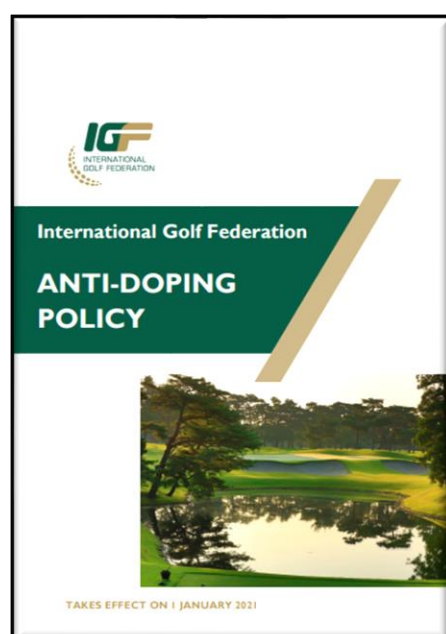
1. The **IGF Games Registration & Regulations form** to state your acceptance to being bound to the *IGF Anti-Doping Policy* (in line with the *WADC*) and Olympic Golf Regulations. You should complete this form online in the IGF registration system by **12 March 2021**. If you have any difficulty with the form or require further assistance, please contact your IGF Athlete Relations Liaison whose name is listed on page 29 of this handbook.
2. The **NOC Conditions of Participation Form** to state you will respect the *Olympic Charter*, IOC rules and *WADC*. This form should be signed through your *NOC* by the deadline provided by the *NOC*.

The WADC, IGF Anti-Doping Policy and IOC Anti-Doping Rules include specific requirements regarding prohibited substances and methods, *Whereabouts*, testing, *Therapeutic Use Exemptions* and sanctions.

**Some requirements may vary from those of the Professional Tours. Please note that, in the context of any Olympic anti-doping programme activities during the Olympic preparation and Olympic Games period, you will be bound to the IGF's Anti-Doping Policy, the IOC's anti-doping rules and any applicable national anti-doping rules.**

Athlete support personnel are encouraged to be aware of the anti-doping rules and regulations applicable to the athletes preparing for the Olympics and those that apply to them.

### The IGF Anti-Doping Policy - when does it apply to me?



The [2021 IGF Anti-Doping Policy](#) applies to athletes who are eligible to participate or participate in the Olympic Games Tokyo 2020 and athletes who are in the IGF Olympic Registered Testing Pool (RTP).

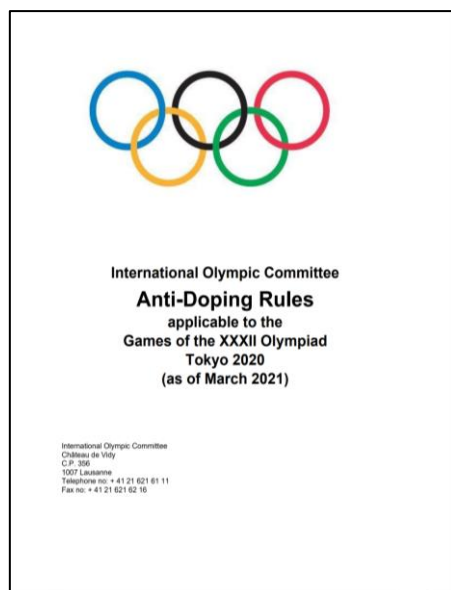
If you are among these athletes, you are considered as 'Athlete' and 'International-Level Athlete' in this policy and the articles relevant to these groups will apply.

Once you have completed the IGF Games Registration & Regulations form, this Policy will apply for aspects relating to data protection, education and *Therapeutic Use Exemptions* before 23 April 2021.

As of **23 April 2021**, the testing and results management aspects of this policy will apply. The IGF determines its RTP from 13 weeks before the Opening Ceremony of the Olympic Games Tokyo 2020 to the end of the Olympic Games (i.e. **from 23 April to 8 August 2021**) in accordance with the IGF policy and 3-page '[IGF 2021 Anti-Doping Programme for the Olympic Games Tokyo 2020](#)'.



## What are the *IOC Anti-Doping Rules*?



The [IOC Anti-Doping Rules](#) apply to all athletes who are entered as potential participants into the Olympic Games Tokyo 2020 by their *NOC*.

These rules are also consistent with the *WADC* and apply to all testing under the *IOC*'s jurisdiction before and during the period of the Games.

The *IOC* has delegated the management and implementation of its doping control programme for the Olympic Games Tokyo 2020 to the International Testing Agency (*ITA*). The *ITA* will carry out these activities in accordance with the *IOC*'s rules.

Tokyo2020/ the *ITA* will develop procedures for doping control during the Games that are in conformity with the *IOC* Anti-Doping Rules, the *WADC* and the *International Standard* for Testing and Investigations.

## What do I need to know about the *World Anti-Doping Code (WADC)*?

The [WADC](#) is a core overarching document published by the World Anti-Doping Agency (*WADA*) that harmonises anti-doping rules and policies on an international and national level. The anti-doping rules of all signatories of the *WADC*, such as the *IGF* and the *IOC*, follow the principles of the *WADC* and its [International Standards](#).

## The *Prohibited List*

The *IGF* and the *IOC* anti-doping rules use the *Prohibited List* that is published by *WADA*. *WADA*'s [2021 Prohibited List](#) **shall apply to you** while you are bound to the *IGF Anti-Doping Policy* in the context of the *IGF*'s Olympic anti-doping programme **from 23 April to 8 August 2021**.

In the different anti-doping sections of the *IGF* website ([Prohibited List](#), [Therapeutic Use Exemptions](#) and [Nutritional Supplements](#)), you will find information on:

- The health and safety risks associated with the prohibited substances and methods
- The particular risks associated with supplements
- How to check your medication using the online resources available
- How to apply for a *Therapeutic Use Exemption (TUE)* for legitimate medical use

You are strongly advised to check whether any medication or other product you are taking, or intend to take, contains any substance on the *Prohibited List*.

The *Prohibited List* identifies substances and methods prohibited at all times, in-competition, and in particular sports. The following classes of substances and methods are **PROHIBITED in 2021**:

## **PROHIBITED AT ALL TIMES - IN and OUT of Competition**

### **Prohibited Substances**

- S0 Non-approved substances
- S1 Anabolic agents
- S2 Peptide hormones, growth factors, related substances, and mimetics
- S3 Beta-2 agonists
- S4 Hormone and metabolic modulators
- S5 Diuretics and masking agents

### **Prohibited Methods**

- M1 Manipulation of blood and blood components
- M2 Chemical and physical manipulation
- M3 Gene and cell doping

Intravenous (IV) infusions and/or injections of more than a total of 100 ml per 12 hour period are prohibited – even if the substance administered intravenously is not prohibited - unless they are legitimately received in the course of hospital treatments, surgical procedures or clinical diagnostic investigations.

## **PROHIBITED - IN Competition (only)**

- S6 Stimulants
- S7 Narcotics
- S8 Cannabinoids
- S9 Glucocorticoids
- P1 Beta-blockers – in golf

If you are a Professional Player, the IGF would like to raise your awareness to the fact that there may be differences between the *Prohibited List* applied by your Professional Tour(s) and *WADA's Prohibited List*. For example, Professional Tours prohibit substances on their lists at all times due to the nature of their competition schedules whereas *WADA* differentiates between what is prohibited "at all times" and what is only prohibited "in-competition".

**WARNING** - If you use a substance permitted out-of-competition but the substance is still found in your system during competition, this may constitute a doping offence. **To avoid any risk, the IGF therefore advises you to apply the principle that all substances and methods on *WADA's Prohibited List* are prohibited at all times from 23 April until the completion of the Olympic Games.**

## **IMPORTANT NOTES**

- There are **no medication brand names** on *WADA's Prohibited List*, only the scientific or generic names of the substances.
- Certain sections of the *Prohibited List* include the statement: "...and other substances with similar chemical structure or similar biological effect(s)." Prohibited substances that fall under these categories are therefore not necessarily listed by name. **Not all prohibited substances are listed by name in *WADA's Prohibited List*.**
- Before taking any medication, check with your prescribing doctor whether it contains any prohibited substances, find a permitted alternative if possible, or apply for a *Therapeutic Use Exemption (TUE)* following the steps below. Please refer to the [IGF Anti-Doping Medication Check](#) for more information on how to check your medication.



## How do I apply for a *Therapeutic Use Exemption (TUE)*?

### A. Before the Olympic Games

If you have an illness or medical condition that requires treatment with a medication or other product or method that is prohibited according to the *Prohibited List* ([2021 Prohibited List](#)), and where there is no permitted alternative, a *Therapeutic Use Exemption (TUE)* is required. A valid *TUE* allows you to use the prohibited medication or method for a particular dosage and route of administration without committing an *Anti-Doping Rule Violation (ADRV)*.

If you have a *TUE* granted by your Professional Tour, the IGF shall accept/recognise the existing *TUE*, where the *TUE* has been granted in accordance with the *International Standard for TUEs*. In this case, you should send a copy of your *TUE* to the IGF Anti-Doping Office by **23 March 2021** ([AntiDoping@igfmail.org](mailto:AntiDoping@igfmail.org)).

If you already have a *TUE* granted by your National Anti-Doping Organisation (NADO), please send your national *TUE* to the IGF Anti-Doping Office by **23 March 2021**. The IGF will automatically recognise your national *TUE* granted in line with the *International Standard for TUEs*.

Please note that in cases where the *TUE* was granted by a Professional Tour or *NADO*, the IGF Anti-Doping Office/ IGF *TUE* Committee may request the initial application from you and/or further medical details before finalising the recognition process.

If you require a *TUE* and are not yet in possession of one, you may apply directly to the IGF Anti-Doping Office.

For further information, please refer to the steps below and the [TUE section of the IGF website](#).

#### HOW TO APPLY FOR A *TUE* FROM THE IGF:

1. Download and print the [IGF \*TUE\* application form](#)

2. Complete the form with your physician

a) Ask your physician to complete the form in UPPER CASE and in English.

***Note: Incomplete or illegible forms will be returned unprocessed.***

b) Provide medical documentation to support the use of the prohibited substance or method:

- \* complete comprehensive medical history of the diagnosis
- \* symptoms
- \* management strategies
- \* laboratory results and examinations
- \* a clear statement from the physician indicating why the use of a non-prohibited alternative would not be effective in symptom management

3. Submit the completed *TUE* application and medical documentation to the IGF Anti-Doping Office ([AntiDoping@igfmail.org](mailto:AntiDoping@igfmail.org)).

4. The IGF will confirm receipt of your *TUE* application.

5. Once the *TUE* application file is complete, the *TUE* process may take up to 30 days until you are informed of the IGF *TUE* Committee's decision. All *TUE* applications are

reviewed in accordance with the *IGF Anti-Doping Policy* and *WADC International Standard for Therapeutic Use Exemptions*.

**6. If your *TUE* application is approved, you will receive a certificate indicating the specific period of validity of approval, dosage and route of administration for the prohibited substance and/or method.**

You are advised to keep a copy of your *TUE* Certificate in your possession as details will be recorded on the *Doping Control Form (DCF)* when you are tested.

To facilitate sharing of *TUE* information with other *Anti-Doping Organisations* that have testing authority and results management authority over you, you will be asked to give specific consent to sharing of your *TUE* information when you submit a *TUE* application. The *TUE* certificate is visible to other relevant *Anti-Doping Organisations* in *ADAMS*.

*TUE* Reviews & Appeals: *TUE* applications, and all relating medical information, will be uploaded into *ADAMS* and may be reviewed by the *IOC/ITA* and/or *WADA*. *WADA*'s *TUE* Committee may reverse any decision. Decisions to deny or reverse a *TUE* may be appealed in accordance with the *IGF Anti-Doping Policy* and *WADC International Standard for Therapeutic Use Exemptions*.

If your *TUE* is rejected, you will be required to seek a permitted alternative and to cease using the prohibited substance (subject to your doctor's advice).

**Remember: an application for a new *TUE*, or renewal of an existing *TUE*, should be submitted at least 30 days in advance of use; use of a prohibited substance or prohibited method without a valid *TUE* is at your own risk.**

**NOTE: If emergency treatment is required**, you must file a *TUE* with full medical documentation as soon as possible after treatment starts. In such cases, the decision about the emergency *TUE* request will be made by the *IGF TUE* Committee after treatment has taken place.

## B. During the Olympic Games

Athletes who are already in Tokyo for the Olympic Games and need to submit a new *TUE* application - for example due to a change in medication or emergency treatment - must submit their *TUE* application to the International Olympic Committee (*IOC*)/International Testing Agency (*ITA*). From the opening of the Athlete Village, all new *TUE*s are submitted to the *IOC/ITA*.

- The athlete and his/her physician (*NOC* team doctor or *IGF* doctor) must apply for the *TUE* "live" at the ***TUE* office/*TUE* helpdesk in the Olympic Village Polyclinic in Tokyo**.

In order to speed up the process, the *ITA* advises bringing all relating medical documentation with you to the *TUE* office.

- If an athlete cannot be present, his/her physician (*NOC* team doctor or *IGF* doctor) will still need to initiate the submission process at the *TUE* office in the Polyclinic.
- If the team doctor or *IGF* doctor cannot go to the Polyclinic, athletes may submit their *TUE* applications through their *ADAMS* accounts.
- A phone number will be made available for the *TUE* helpdesk during the period of the Games for athletes with any queries about a *TUE* application that needs to be submitted to the *IOC/ITA*.

## What are the risks of taking supplements?

**Products marketed as dietary supplements may not be subject to the same government regulation as medications. Their manufacture and distribution may not be controlled. Some products may contain ingredients not listed on the label, in different quantities than stated or contaminated with other substances that are prohibited.**

**It is important that you consider the potential risks associated with supplement use including:**

- **A positive doping test result and/or**
- **Negative and potentially dangerous health issues**

**It is essential that you recognise, evaluate and reduce the risks associated with supplement use.**

The following questions may help you evaluate the risk:

Q - Do I really need to take it? What does the product claim to do? Could food sources provide the same?

Q - Is the labelling accurate? Do I recognise all the ingredients as permitted? Is it a proprietary blend?

Q - Is there a risk of contamination? What other products does the manufacturer produce? Are they prohibited? Could contamination occur?

Q - Is there evidence of any association with doping? What evidence is there of third party testing to verify the product and its contents?

**Consumption of any dietary supplement or other product that contains a prohibited substance makes you vulnerable to an Anti-Doping Rule Violation (ADRV).**

**The IGF advises extreme caution with any supplements:** more information is available in the ['Nutritional Supplements'](#) section of the IGF website.

## Testing

### When can I be tested - where and by whom?

Athletes in the IGF Olympic anti-doping programme may be tested by the IGF as of **23 April 2021 until 8 August 2021** (13 weeks before the Opening Ceremony of the Olympic Games Tokyo 2020 until the Closing Ceremony of the Olympic Games Tokyo 2020).

Testing may take place in-competition, or out-of-competition, with no advance notice. You may be subject to urine and/or blood testing, at any place, at any time. Both urine and blood samples may in some cases be collected during the same sample collection session.

Other possible *Testing Authorities* include *National Anti-Doping Organisations (NADOs)*, National Federations, the *IOC/ITA* and *WADA*. In countries without a *NADO*, the National Olympic Committee (*NOC*) may take on this role. These other *Testing Authorities*, particularly **national**

**organisations (subject to national laws) may have the authority to start testing potential Olympic athletes earlier than 23 April 2021.**

**WARNING - Once notified, it is an offence to fail or to refuse to submit to sample collection.**

You may also continue to be tested by the Professional Tours as part of their anti-doping programmes.

The IGF's testing period includes the *IGF Period of the Pre-Olympic Games Tokyo 2020* from 23 April 2021 until 12 July 2021 and the *Period of the Olympic Games Tokyo 2020* from 13 July 2021 until 8 August 2021.

In Japan, during the *Period of the Olympic Games Tokyo 2020*, testing is conducted by Tokyo2020 under the IOC/ITA's authority. Testing could be pre or post competition, in Olympic venues or outside Olympic venues and may continue until the Closing Ceremony of the Games.

## What to expect during doping control?

The following information identifies the processes involved in each type of test and the procedures you should follow when providing a sample. The steps for blood and urine sample collection and processing are similar for in- and out-of-competition testing.

If you have any concerns about jurisdiction, your treatment during the process, or if you feel the procedures have not been adhered to, you are encouraged to note these on the *Doping Control Form (DCF)*.

The sample collection process is designed to ensure your integrity. It is essential you know your rights, responsibilities and obligations with respect to the testing programme.

During the sample collection process, you will be asked if you consent to your samples being used for research, after analysis is completed. This is a voluntary decision; there is no repercussion for declining.

After doping control, **"No news is good news": negative results are not generally communicated to the athletes.**

As part of the continuous review of evidence, your samples may be retained for up to 10 years and may be reanalysed during this period.



## In-competition: sample collection process – urine

STAGE	DESCRIPTION
<b>1. Notification</b>	<ul style="list-style-type: none"> <li>You are notified of selection for testing by a <i>Doping Control Officer (DCO)</i> or chaperone.</li> <li>Check the authorisation document from the <i>Anti-Doping Organisation (ADO)</i> responsible for the test – the <i>Testing Authority</i>.</li> <li>Provide photo identification.</li> </ul>

<b>2. Reporting</b>	<ul style="list-style-type: none"> <li>You must remain within full view of the <i>DCO</i> or chaperone until the sample collection process is completed.</li> <li>Report to the doping control station <u>immediately</u> unless a valid reason is agreed upon with the <i>DCO</i> or chaperone (see examples under 'Rights' on page 15).</li> <li>Opportunity should be provided to hydrate, to eat, have procedures explained.</li> <li>Once notified, it is an offence to fail or to refuse to submit to sample collection.</li> </ul>
<b>3. Select Equipment</b>	<ul style="list-style-type: none"> <li>When ready to provide a urine sample, you are offered a choice of sealed sample collection vessels.</li> <li>Check and inspect the collection vessel to ensure it has not been tampered with.</li> <li>Wash hands thoroughly before opening the vessel.</li> <li>Keep the collection vessel in sight at all times (until your sample is securely sealed in the sample collection bottles).</li> </ul>
<b>4. Sample Provision</b>	<ul style="list-style-type: none"> <li>A urine sample of 90ml must be provided under the direct observation of a <i>DCO</i> or witnessing chaperone of the same gender.</li> <li>You must remove sufficient clothing to enable the <i>DCO</i> to observe the urine leaving your body.</li> <li>Retain control of your sample in the collection vessel.</li> </ul>
<b>5. Sample Division and Sealing</b>	<ul style="list-style-type: none"> <li>You are offered a choice of sealed sample collection kits containing an A and B bottle.</li> <li>Check and inspect this equipment prior to using.</li> <li>Divide the sample between the A and B bottles, seal them and check that they do not leak.</li> <li>Once sealed you are asked to place the A and B Sample bottles into plastic bags and into the equipment box.</li> </ul>
<b>6. Partial Sample</b>	<ul style="list-style-type: none"> <li><u>If urine sample is of insufficient volume</u>, it shall be temporarily sealed and you will be required to provide further samples until a sufficient volume has been collected.</li> </ul>
<b>7. Specific Gravity</b>	<ul style="list-style-type: none"> <li>The <i>DCO</i> will check that your sample has a suitable specific gravity for analysis.</li> <li><u>If the sample is too dilute</u>, you will be required to provide further samples until the requirements for specific gravity are met.</li> </ul>
<b>8. Recording Information</b>	<ul style="list-style-type: none"> <li>The <i>DCO</i> will record the bottle code numbers on the <i>Doping Control Form (DCF)</i>. Check these match.</li> <li>Declare on the <i>DCF</i> any medications and supplements you have taken <b>in the last 7 days</b> (in the case of a urine sample), or any blood transfusions over the last 3 months (in the case of a blood sample)</li> <li>Write your personal contact details, sign the <i>DCF</i>. Note: <b>the <i>DCF</i> used by different Sample Collection and Testing Authorities may vary slightly and in some cases the form may be part of a paperless system.</b></li> <li>Take a copy of the <i>DCF</i> and retain it.</li> <li>Samples are stored securely and transferred to the analytical laboratory. No personal identifying information is sent to the lab with your samples.</li> </ul>

## Out-of-competition

A *Doping Control Officer (DCO)* or chaperone can notify you at any time and any location, including your home or training facility/area. The doping control and sample collection may be carried out by a third-party service provider or may be carried out by an authorised official from the *Testing Authority* (the IGF, NADO, NOC, NF, ITA/ IOC, Professional Tour, etc).



Ask for the *DCO's* credentials. **Take care to verify the identity of the *DCO*. Each *DCO* carries identification documentation and an authorisation letter from the *Testing Authority* (the organisation that planned the test on you and authorised the *Sample Collection Authority* to carry out the test on you).**

**Ask which entity is the *Testing Authority* (initiated/ authorised the test), particularly if different from the *Sample Collection Authority* (collecting the sample), and which entity will be *Results Management Authority* (managing the results).**

Ask the *DCO* to explain the key elements of the process, particularly if you are unfamiliar with the equipment, sealing, numbering system and/or documentation.

Once duly notified of the test authorised by an organisation with the authority to test you, you must submit to sample collection. However, make the *DCO* aware of any commitments you may have, in case these can be accommodated around sample collection. Procedures for providing and processing the sample are the same as those for in-competition testing.

## Blood testing

During blood collection, less than one tablespoon of blood will be drawn. Depending on the screens required, a number of blood tubes could be drawn, but the total amount will not exceed one tablespoon/2 x 5ml.

You should sit (not lie) for at least 10 minutes prior to blood collection. Usually blood draws are carried out by trained phlebotomists. No more than 3 attempts will be made to draw blood. Blood testing is unlikely to affect your performance.

### Sample Collection Process - Blood

STAGE	DESCRIPTION
<b>1. Notification</b>	<ul style="list-style-type: none"> <li>You are notified of selection for testing and asked to sign a document to acknowledge the requirement to provide blood.</li> <li>You are informed of your rights and responsibilities and should carefully read the statements prior to signing.</li> <li>Once notified, you must remain within direct sight of the <i>DCO</i>/chaperone.</li> <li>Some <i>DCOs</i> are qualified phlebotomists who will conduct the blood collection session themselves; if not, a Blood Collection Officer (<i>BCO</i>)(phlebotomist) will accompany the <i>DCO</i> to collect the sample.</li> <li>If you have questions, ask the <i>DCO</i> to provide an explanation.</li> </ul>
<b>2. Selection of Kits</b>	<ul style="list-style-type: none"> <li>You are given a choice of individually-sealed security equipment.</li> <li>Choose and inspect the kits prior to use.</li> <li>Check the contents of the security kits to confirm all sample code numbers match on the tube, lids and labels. (These are used to transport the samples to the laboratory).</li> </ul>
<b>3. Blood Collection</b>	<ul style="list-style-type: none"> <li>The <i>BCO</i> begins the blood collection process by cleaning the athlete's skin with a sterile disinfectant swab in the location where blood is drawn.</li> <li>The <i>BCO</i> applies a tourniquet to aid collection, unseals the hypodermic needle, attaches the vacutainers and begins to draw blood to fill the required number of tubes.</li> <li>Maximum of 3 needle stick attempts will be made, after which the blood test will be terminated.</li> </ul>



<b>4. Sample Sealing</b>	<ul style="list-style-type: none"> <li>▪ The <i>BCO</i> will label each tube with the corresponding sample code number.</li> <li>▪ After withdrawing the needle, the <i>BCO</i> or athlete will place one vacutainer into each of the A and B sample bottles. Check that they do not leak.</li> <li>▪ Security bottles are sealed and checked.</li> <li>▪ After collecting the blood sample, the <i>BCO</i> will provide aftercare to the puncture site and any further instructions necessary.</li> </ul>
<b>5. Recording Information</b>	<ul style="list-style-type: none"> <li>▪ The <i>DCO</i> guides you through the remaining documentation to record the blood collection including a series of questions pertaining to blood testing as well as personal contact information and declaration of medications.</li> <li>▪ Review the document carefully and sign to verify the accuracy of the information.</li> <li>▪ Take a copy of the <i>Doping Control Form (DCF)</i> and retain it.</li> </ul>
<b>6. Shipment, Analysis</b>	<ul style="list-style-type: none"> <li>▪ Blood samples will be shipped to a <i>WADA</i>-accredited laboratory using a chain of custody to record its movements and storage conditions.</li> <li>▪ No personal identifying information is sent to the lab with your samples.</li> </ul>

### What are my rights and responsibilities during testing?

<b>RIGHTS</b>	<b>RESPONSIBILITIES</b>
<ul style="list-style-type: none"> <li>• Request to see authorisation and <i>DCO/ BCO</i> credentials.</li> <li>• Chaperones and <i>DCOs</i> will have a letter of authorisation from the responsible ADO.</li> </ul>	<ul style="list-style-type: none"> <li>• Acknowledge notification (at the time notified) by signing the form provided by the Chaperone or <i>DCO</i>. Produce photo identification if requested to do so.</li> </ul>
<ul style="list-style-type: none"> <li>• You have the right to have a representative present.</li> <li>• You may be accompanied during the sample collection process by one representative (e.g. coach, agent). Have a language interpreter present, if available.</li> </ul>	<ul style="list-style-type: none"> <li>• Remain within direct observation of the Chaperone/<i>DCO</i> from the time of notification until completion of the sample collection process.</li> </ul>
<ul style="list-style-type: none"> <li>• You have the right to request permission to delay reporting to the Doping Control Station following acknowledgment and acceptance of notification (for example to complete a training session or other activities). The <i>DCO</i>/Chaperone may, at his/her discretion, consider any reasonable request.</li> </ul>	<ul style="list-style-type: none"> <li>• Report to the Doping Control Station immediately, unless there is a valid reason for delay (as per Art. 5.4.4 of the <i>International Standard</i> for Testing and Investigations).</li> </ul>

<ul style="list-style-type: none"> <li>You can request a delay in reporting to the Doping Control Station for any of the following reasons: <ul style="list-style-type: none"> <li>victory ceremony</li> <li>media commitments</li> <li>warm down</li> <li>medical treatment</li> <li>finding a representative or interpreter</li> <li>obtaining photo identification</li> <li>or exceptional circumstances, to be agreed with the <i>DCO</i></li> </ul> </li> <li>You must be chaperoned during this time.</li> </ul>	<ul style="list-style-type: none"> <li>Comply with sample collection procedures, including providing samples as directed by the <i>DCO</i>.</li> <li>Provide a suitable urine sample (i.e. of sufficient concentration and volume).</li> <li>Following provision of a dilute sample, be prepared to wait for one hour before providing further samples and do not hydrate excessively.</li> <li>Keep collection vessel in your possession and in view of the <i>DCO</i> at all times.</li> <li>Have control of the sample until it is sealed.</li> </ul>
<ul style="list-style-type: none"> <li>You can ask to have the testing procedures explained to you, including how the sample collection equipment works.</li> </ul>	<ul style="list-style-type: none"> <li>Sit upright for 10 minutes before providing a blood sample, you may lie down prior to this.</li> </ul>
<ul style="list-style-type: none"> <li>You must receive a copy of the sample collection documentation (even if the <i>Sample Collection Authority</i> are using a paperless system). You have the opportunity to provide feedback on the <i>Doping Control Form (DCF)</i>.</li> </ul>	<ul style="list-style-type: none"> <li>Ensure the sample code number is correctly documented on the <i>DCF</i> and that all information is legible, accurate, complete and signed.</li> </ul>

**Athletes who are minors should be notified in the presence of an adult and may choose to be accompanied by a representative throughout the entire sample collection process. Parental consent for testing is a condition of participation in elite golf competition.**

## Doping Control Form (example) – what to check

**DOPING CONTROL FORM**  
**FORMULAIRE DE CONTRÔLE DU DOPAGE**

1. ATHLETE INFORMATION • INFORMATION CONCERNANT LE SPORTIF

FAMILY NAME / NOM DE FAMILLE: \_\_\_\_\_ GIVEN NAME / PRÉNOM: \_\_\_\_\_ DATE OF BIRTH / DATE DE NAISSANCE: DD / MM / YYYY

NATIONALITY / NATIONALITÉ: \_\_\_\_\_ SPORT / SPORT: \_\_\_\_\_ TEST AUTHORIZED BY / CONTRÔLE AUTORISÉ PAR: \_\_\_\_\_

ADDRESS / ADRESSE: \_\_\_\_\_ CITY / VILLE: \_\_\_\_\_ STATE / PROVINCE: \_\_\_\_\_ COUNTRY / PAYS: \_\_\_\_\_

CONTACT TEL (INCL. COUNTRY CODE) / TÉLÉPHONE (INCL. CODE PAYS): \_\_\_\_\_ E-MAIL / COURRIEL: \_\_\_\_\_

COACH'S NAME / NOM DE L'ENTRAÎNEUR: \_\_\_\_\_ DOCTOR'S NAME / NOM DU MÉDECIN: \_\_\_\_\_

2. NOTIFICATION • NOTIFICATION

TYPE OF TEST REQUIRED / TYPE DE CONTRÔLE REQUIS: \_\_\_\_\_ DATE: DD / MM / YYYY COUNTRY / PAYS: \_\_\_\_\_ CITY / VILLE: \_\_\_\_\_ TIME / HEURE: \_\_\_\_\_

I HEREBY ACKNOWLEDGE THAT I HAVE RECEIVED AND READ THIS NOTICE, INCLUDING THE ATHLETE RIGHTS AND RESPONSIBILITIES TEXT ON THE OVERLAY OF COPY 1, AND I CONSENT TO PROVIDE SAMPLE(S) AS REQUESTED (I UNDERSTAND THAT FAILURE OR REFUSAL TO PROVIDE A SAMPLE MAY CONSTITUTE AN ANTI-DOPING RULE VIOLATION).

JE DÉCLARE AVOIR REÇU ET LIRE CE TEXTE, Y COMPRIS LES DROITS ET LES RESPONSABILITÉS DU SPORTIF. J'ACCEPTE LA COPIE 1 ET JE CONSENS À FOURNIR UN(S) ÉCHANTILLON(S) TEL(S) QUE DEMANDÉ(S). J'ENTENDS QUE LE REFUS DE ME SOUSMETTRE À FOURNIR UN ÉCHANTILLON CONSTITUE UNE VIOLATION DES RÈGLES ANTI-DOPAGE.

ATHLETE'S SIGNATURE / SIGNATURE DU SPORTIF: \_\_\_\_\_

3. INFORMATION FOR ANALYSIS • INFORMATIONS CONCERNANT L'ANALYSE

OUT OF COMPETITION / HORS COMPÉTITION: ☐ IN COMPETITION / EN COMPÉTITION: ☐

DATE OF TEST / DATE DU CONTRÔLE: DD / MM / YYYY

GENDEUR / SEXE: ☐ M ☐ F

TEST MODALITY / MODALITÉ DE CONTRÔLE: \_\_\_\_\_

SAMPLE 1 - ÉCHANTILLON 1: BLOOD / SANG N/A ☐ A/B ☐ BLOOD SAMPLE NUMBER / NUMÉRO DE L'ÉCHANTILLON DE SANG: \_\_\_\_\_ TIME / HEURE: \_\_\_\_\_

PARTIAL SAMPLE / ÉCHANTILLON PARTIEL N/A ☐ A/B ☐ PARTIAL SAMPLE NUMBER / NUMÉRO DE L'ÉCHANTILLON PARTIEL: \_\_\_\_\_ TIME / HEURE: \_\_\_\_\_

URINE A/B ☐ SPECIFIC GRAVITY / DENSITÉ: 1.00

OPTIONAL SAMPLE / ÉCHANTILLON ADJOUTÉ N/A ☐ A/B ☐ OPTIONAL SAMPLE NUMBER / NUMÉRO DE L'ÉCHANTILLON ADJOUTÉ: \_\_\_\_\_ TIME / HEURE: \_\_\_\_\_ SPECIFIC GRAVITY / DENSITÉ: 1.00

DECLARATION OF MEDICATION USE AND BLOOD TRANSFUSION: LIST ANY PRESCRIPTION / NON-PRESCRIPTION MEDICATIONS ON SUPPLEMENTARY REPORT FORM. (I HAVE NOT USED ANY MEDICATIONS OR BLOOD TRANSFUSION WITHIN THE LAST 7 DAYS.)

DÉCLARATION D'USAGE DE MÉDICAMENTS ET DE TRANSFUSION SANGUINE: LISTEZ TOUTES LES MÉDICAMENTS PRÉSCRITS / NON-PRÉSCRITS EN UTILISANT LE FORMULAIRE DE RAPPORT SUPPLÉMENTAIRE. (JE N'AI PAS UTILISÉ DE MÉDICAMENTS NI DE TRANSFUSION SANGUINE DANS LES 7 JOURS PRÉCÉDENTS.)

CONSENT FOR RESEARCH (OPTIONAL) / CONSENTEMENT POUR LA RECHERCHE (OPTIONNEL): ☐ YES ☐ NO

4. CONFIRMATION OF PROCEDURE FOR URINE AND/OR BLOOD TESTING • CONFIRMATION DE LA PROCÉDURE POUR LE CONTRÔLE D'URINE ET/OU DE SANG

COMMENTARY / COMMENTAIRES SHOULD BE NOTED HERE. IF NEEDED, SEE COMMENTARY REPORT FORM. / LES COMMENTAIRES DOIVENT ÊTRE INSCRITS ICI. AU BESOIN, UTILISER LE FORMULAIRE DE RAPPORT SUPPLÉMENTAIRE.

CONFIRMATION THAT SAMPLE COLLECTION WAS CONDUCTED IN ACCORDANCE WITH THE RELEVANT PROCEDURES • JE CERTIFIE PAR LA PRÉSENTE QUE LE PRÉLÈVEMENT D'ÉCHANTILLON S'EST DÉROULÉ EN CONFORMITÉ AVEC LES PROCÉDURES APPLICABLES

WITNESS / TÉMOIN: \_\_\_\_\_ SIGNATURE: \_\_\_\_\_

BLOOD COLLECTION OFFICER / AGENT DE PRÉLÈVEMENT SANGUIN: \_\_\_\_\_ SIGNATURE: \_\_\_\_\_

ATHLETE REPRESENTATIVE / REPRÉSENTANT DU SPORTIF: \_\_\_\_\_ SIGNATURE: \_\_\_\_\_

DOPING CONTROL OFFICER / AGENT DE CONTRÔLE DU DOPAGE: \_\_\_\_\_ SIGNATURE: \_\_\_\_\_

DATE: DD / MM / YYYY TIME OF COMPLETION / COMPTÉTERMINÉ: \_\_\_\_\_

I DECLARE THAT THE INFORMATION I HAVE GIVEN ON THIS DOCUMENT IS CORRECT. I DECLARE THAT, SUBJECT TO COMMENTARY MADE IN SECTION 4, SAMPLE COLLECTION WAS CONDUCTED IN ACCORDANCE WITH THE RELEVANT PROCEDURES FOR SAMPLE COLLECTION. I ACCEPT THAT ALL INFORMATION RELATED TO DOPING CONTROL, INCLUDING BUT NOT LIMITED TO LABORATORY RESULTS AND POSSIBLE SANCTIONS, SHALL BE SHARED WITH RELEVANT BODIES IN ACCORDANCE WITH THE WORLD ANTI-DOPING CODE.

JE DÉCLARE QUE L'INFORMATION FOURNIE DANS CE DOCUMENT EST EXACTE. JE DÉCLARE, EN TENANT COMPTE DES COMMENTAIRES INSCRITS DANS LA SECTION 4, QUE LE PRÉLÈVEMENT D'ÉCHANTILLON S'EST DÉROULÉ EN CONFORMITÉ AVEC LES PROCÉDURES APPLICABLES. J'ACCEPTE QUE TOUTES LES INFORMATIONS RELATIVES AU CONTRÔLE DU DOPAGE, INCLUANT MAIS NON LIMITÉES AUX RÉSULTATS DE LABORATOIRE ET AUX SANCTIONS POSSIBLES, POURRAIENT ÊTRE PARTAGÉES AVEC LES ORGANISATIONS CORRESPONDANTES SELON LE CODE MONDIAL ANTI-DOPAGE.

J'AI LU ET COMPRIS LE TEXTE AU-DESSUS ET JE CONSENS AU TRAITEMENT DE MES DONNÉES PERSONNELLES PAR ADAMS.

ATHLETE'S SIGNATURE / SIGNATURE DU SPORTIF: \_\_\_\_\_

ORIGINAL - ADD - WHITE / ORIGINAL - OAD - BLANC / COPY 1 - ATHLETE NOTIFICATION - ORANGE / COPIE 1 - NOTIFICATION DU SPORTIF - ORANGE / COPY 2 - ATHLETE - PINK / COPIE 2 - SPORTIF - ROSE / COPY 3 - LABORATORY - BLUE / COPIE 3 - LABORATOIRE - BLEU / COPY 4 - LABORATORY - GREEN / COPIE 4 - LABORATOIRE - VERT / VERSION 5.02-2010 WADA/IMA

Your personal information, verified by the ID you present. Provide as much information as you can to allow your test result to be notified to you. Note: additional personal information may be requested regarding your coach and doctor.

Read the consent and sign the form to confirm you have been notified.

If you are blood tested, check the numbers of the tubes have been recorded accurately.

If you provide a partial urine sample, check numbers are recorded accurately and it is your sample you add to.

Check urine bottle numbers have been recorded accurately. If the sample does not meet the required range for specific gravity, a further sample may be requested.

You are advised to declare any medications or supplements taken within 7 days of a urine test or any blood transfusion within 3 months of a blood test.

You can consent to your sample being used for research once analysis is concluded. This is not obligatory.

You may wish to comment on the procedure and/or record any issues or irregularities you notice.

Finally check all the recorded information is accurate and sign the form. Check the copies you receive include your signature and sample identification numbers. Keep in your files.

## Registered Testing Pool (RTP) and Whereabouts

### RTP – how am I impacted?

Once you have submitted the signed *IGF Games Registration and Regulations Form*, the IGF may use this information to create or update your athlete profile in *ADAMS* for the purpose of the IGF's Olympic anti-doping programme.

This will comprise:

- Personal information and sport information.
- A complete mailing address where correspondence may be sent to you for formal notice purposes.
- Depending on previous use of your profile in *ADAMS*, at a national or international level, your profile may already contain, for example, information relating to doping controls, *TUEs*, *Whereabouts*.

The IGF recommends you to read the [IGF Athlete's Information Notice on ADAMS](#) and to be aware of the retention times in Annex A of the [International Standard for the Protection of Privacy and Personal Information](#).

Your inclusion in the IGF's *Registered Testing Pool (RTP)* and the requirement to submit *Whereabouts*, will be confirmed to you in writing by the IGF after the *NOC Long List* is released on 11 April 2021 and **before 23 April 2021**.

In order for the IGF Olympic *RTP* athletes to be able to submit their *Whereabouts* in *ADAMS*, the IGF will create or re-activate user accounts in *ADAMS* and give the athletes details relating to these accounts.

- When you first enter your user account, please carefully check that the information entered in your *ADAMS* profile is correct.
- More information on your profile and how to make edits can be found here: [ADAMS profile info](#)

If you are an IGF *RTP* athlete, you will be responsible for directly keeping the IGF informed of your *Whereabouts* for every day from **23 April to 8 August 2021**, to facilitate testing.

Repeated failure to provide this information or to be available for testing at your chosen time(s) and location(s) could result in an *Anti-Doping Rule Violation (ADRV)* and an ineligibility sanction that could affect your participation at the Olympic Games. See page 24 for more details.

To help you understand your *RTP Whereabouts* responsibilities, it is important you know key definitions:

**In-competition** is the period commencing just before midnight (at 11:59 p.m.) on the day before a *Competition* in which the *Athlete* is scheduled to participate until the end of the *Competition* and the *Sample* collection process.

If you miss the cut at a tournament, you will be 'out of competition' as of this point (or until you finish undergoing any *Sample* collection process relating to in-competition testing at the tournament) and you will need to ensure you have provided full 'out of competition' *Whereabouts* to the IGF in *ADAMS* as of the following day.

**Out-of-competition** is any period which is not 'In-Competition'. Therefore testing 'out-of-competition' is testing at any other time.

To ensure effective out-of-competition testing, information is required on your *Whereabouts* to locate you for testing. To allow coordination of testing, before accessing your account in ADAMS and filing your *Whereabouts*, you will be asked to give specific consent to the sharing of your *Whereabouts* filing information with other *Anti-Doping Organisations* that have testing authority over you, such as your *National Anti-Doping Organisation (NADO)*.

## Personal responsibility

You may wish to have your coach or agent assist you in complying with the *Whereabouts* requirements below. If so, you need to request the creation of a specific ADAMS access for them. This can be requested when you fill out the online *IGF Games Registration and Regulations Form*.

However, you remain personally responsible for any failure to comply with the requirements of this anti-doping rule. Delegating the task of updating your *Whereabouts* is not an acceptable mitigation for your failure to carry out this responsibility.

## Whereabouts – what information is required?

From **23 April until 8 August 2021**, you will be required to provide the following *Whereabouts* information for each day during this period:

- Full address and details of the place where you will be staying overnight (e.g. home, temporary lodgings, hotel, etc)
- One specific **60-minute** time slot between **5am and 11 pm** each day during the period **23 April to 8 August 2021**, where you will be available and accessible for testing at a specific location. *Note: you must be available for the entire 60 minutes. The 60-minute time slot must be a full hour, it cannot be divided or shortened.*
- The name and address of each location where you will practice, train, or conduct any other regular activity, as well as the usual timeframes for such regular activities
- Your competition schedule for the period **23 April to 8 August 2021**, including the name and address of each location where you are scheduled to compete during this period and the date(s) on which you are scheduled to compete at such location(s).

Testing can occur within or outside the 60-minute time slot.

*Whereabouts* obligations end at the completion of the Olympic Games on **8 August 2021**. The IGF will remove you from the IGF RTP for the Olympic Games Tokyo 2020 and send you confirmation of this.

During the *Period of the Olympic Games Tokyo 2020* (i.e. **from 13 July 2021 until 8 August 2021**), athletes in the IGF RTP remain subject to their *Whereabouts* obligations and must continue to submit and update their *Whereabouts* filings in ADAMS for the duration of the Tokyo Games, including a daily 60-minute time slot while in-competition. [Practical details on exactly what information to submit while in Japan will be provided closer to the time.](#)



## Whereabouts – how do I submit information?

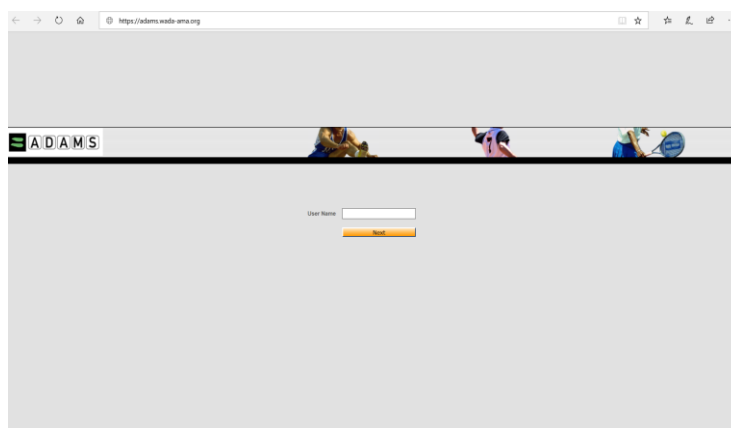
To facilitate submission of your *Whereabouts* information, the IGF is utilising WADA's Anti-Doping Administration & Management System (ADAMS).



ADAMS stores *Whereabouts*, laboratory results, *TUEs*, information on *ADRVs* and allows the sharing of information among relevant organisations.

The IGF gives IGF *RTP* athletes access to ADAMS in order to access their own personal information in ADAMS, submit their *Whereabouts*, view their *TUEs* and review their test results. Using ADAMS will allow you to enter your *Whereabouts* information in an easy, secure and convenient manner.

ADAMS website: <https://adams.wada-ama.org>



### Importantly – for athletes

- You will receive your ADAMS username and password for your *Whereabouts* submissions and will need to log into the system **within 24 hours** of receiving the password.
- After your first login, you will need to agree to the terms in the system and use of ADAMS for collation of doping control data by confirming that you have read and understood the terms of use and privacy policy. This will activate your ADAMS account.
- You will then be prompted by the system to change the default password that was attributed to you and set up personal questions and two-factor authentication.

You must enter your *Whereabouts* information directly into ADAMS. The IGF strongly recommends entering your *Whereabouts* first through the online system and then updating the information as needed either through the online system or through the mobile application.

Detailed instructions on how to use ADAMS is available on the IGF's website [here](#).

WADA's [ADAMS User Guide for Athletes](#) explains how to provide your initial *Whereabouts* information in ADAMS (see expandable table of contents on the right of the webpage).

Should you have any difficulty in submitting your *Whereabouts*, please contact the IGF Olympic *RTP* email address ([OlympicRTP@igfmail.org](mailto:OlympicRTP@igfmail.org)).



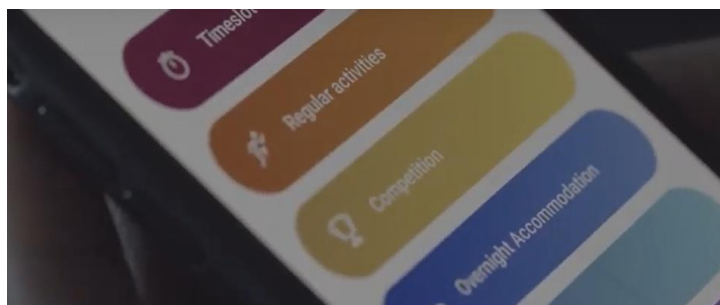
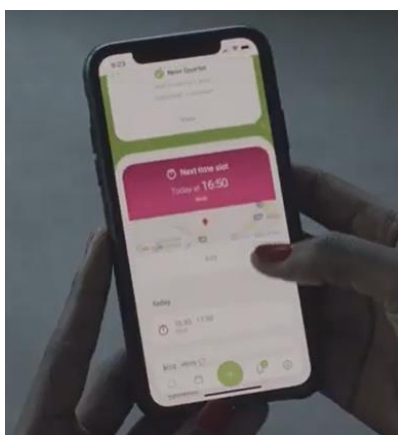
If you made a formal request to the IGF at the time of signing the *IGF Games Registration and Regulations Form* for a whereabouts third-party, your third-party/agent will receive access to his/her own account in *ADAMS* that allows him/her to view, edit and submit your *Whereabouts*.

However, you should be aware that you remain responsible for any inaccuracies or errors, particularly where misfiling or late filing leads to a *Missed Test* or *Filing Failure*.

### *Whereabouts* – how do I update information?

It may be that you do not know exactly what your movements will be on each day between **23 April and 8 August 2021**. Nonetheless, you should make sure to submit information for each day of your schedule and as it changes you should submit an update as soon as possible.

Updates to your schedule can be submitted at any time before the time to be updated, e.g updates to the 60-minute time slot can be made up to the start of the 60-minute period. You can update your whereabouts online via the [ADAMS website](#) or using the “**Athlete Central**” *ADAMS* app (available in the iTunes App Store and Google Play Store – images below).



If internet access is unavailable and your number is registered in the system, updates can be made for the same day by **SMS/text message**. Further information will be communicated to all RTP athletes about this.

Detailed instructions on how to use *ADAMS* are available on the IGF’s website [here](#).

WADA’s [ADAMS User Guide for Athletes](#) explains how to update your *Whereabouts* (see expandable table of contents on the right of the webpage).

If you have any queries on using the *Athlete Central* mobile application to update your *Whereabouts* after the initial submission, you may find your answer in [WADA’s Athlete Central - FAQ](#).

Practical note: agents or third parties updating *Whereabouts* on behalf of athletes can only do so online via their personalized third party *ADAMS* account, not via the *Athlete Central* app.

Should you have any difficulty in updating your *Whereabouts*, please contact the IGF Olympic RTP email address ([OlympicRTP@igfmail.org](mailto:OlympicRTP@igfmail.org)).

## Whereabouts - what if my information is not filed correctly?

When making a *Whereabouts* filing, it is your responsibility to ensure that all of the information provided is accurate and in sufficient detail to enable a *Doping Control Officer (DCO)* to locate you for testing on any given day from **23 April to 8 August 2021**, including and not limited to, the **60-minute** time slot specified for that day.

Failure to file your *Whereabouts* information in sufficient time or with accurate/complete detail as requested by the IGF may result in a *Missed Test* or a *Filing Failure*.

- If you are unavailable for testing during the specific 60-minute time slot at the location provided, such unavailability may result in a *Missed Test*.
- If your *Whereabouts* filing is incomplete or the information provided is inaccurate, this may constitute a *Filing Failure*, whether or not it resulted in an unsuccessful testing attempt.
- Similarly, specifying a location where the *DCO* cannot gain access (e.g. a restricted access building) may result in an unsuccessful testing attempt and count as a *Missed Test* or *Filing Failure*.

**It is an Anti-Doping Rule Violation (ADRV) when an RTP athlete has any combination of three Missed Tests and/or Filing Failures within a twelve-month period.**

## How can I prepare for inclusion in the RTP and Olympic testing programme?

Here are some basic things you can do to prepare for your inclusion in the IGF RTP and for testing during the Olympic period:

### Engage with anti-doping education opportunities:

Read and understand your responsibilities and obligations by checking these following resources:

[IGF Tokyo 2020 anti-doping webpage](#)

[IGF website - anti-doping section](#)

WADA's global [Anti-Doping Education and Learning platform \(ADEL\)](#) – this education platform provides general information by WADA and some details may vary slightly with the IGF's Olympic anti-doping programme.

### Identify relevant organisations:

Check with your [National Anti-Doping Organisation \(NADO\)](#) if your *NADO* has the authority to test you according to national laws and if you are subject to inclusion in a national level RTP.

You may already be part of a national anti-doping programme testing pool, providing *Whereabouts* information to your *NADO*.

### Consent:

Provide your formal acceptance of the requirements for eligibility for the Olympic Games, specific anti-doping processes and responsibilities, privacy and data sharing, through signing the *IGF Games Registration and Regulations Form*.

### Handy *Whereabouts* Tips:

After your initial login in ADAMS, submit your planned schedule from **23 April to 8 August 2021** (via ADAMS) and then review your *Whereabouts* daily to check the information is up to date. Submit changes as soon as possible.

Choose a convenient **60-minute** window that you could repeat daily or almost daily bearing in mind your travel schedule, tournament timetable and other commitments.

Set a daily alarm/ticker 15-30 minutes in advance of the 60-minute time slot to update your location if necessary.

## Important Information about Privacy and Confidentiality

To operate effectively the anti-doping programme requires a certain amount of personal data from you. This information is collected and will be stored in accordance with the [International Standard for the Protection of Privacy and Personal Information \(ISPPPI\)](#) and the retention times provided in Annex A of the ISPPPI.

Data privacy relating to ADAMS is detailed further when you sign into ADAMS the first time. Additionally, *Anti-Doping Organisations* are required to adhere to national legislation regarding the protection of personal data.

If you have any concerns about the privacy of your data, you should ask the IGF in the first instance about your data management and sharing ([privacy@igfmail.org](mailto:privacy@igfmail.org)).

***Whereabouts***: The IGF respects the confidentiality of the *Whereabouts* information that you provide. Your *Whereabouts* will only be used to facilitate testing by the IGF or by another competent body that has accepted the same confidentiality obligations.

***Therapeutic Use Exemptions (TUEs)***: The IGF respects the confidentiality of your TUE application and supporting medical evidence. This will only be shared with those organisations with a genuine need to access this information.

## Anti-Doping Rule Violations

### Anti-Doping Rule Violations (ADRVs) under the WADC and the IGF Anti-Doping Policy

Doping, as defined by the *World Anti-Doping Code (WADC)* and anti-doping rules such as the *IGF Anti-Doping Policy* that are compliant with the *WADC*, is the occurrence of one or more of the following *ADRVs*:

- ❖ Presence of a prohibited substance or its metabolites or markers in an athlete's sample
- ❖ Use or attempted use by an athlete of a prohibited substance or a prohibited method
- ❖ Evading, refusing or failing to submit to sample collection by an athlete
- ❖ *Whereabouts Failures* by an athlete: any combination of three *Missed Tests* and/or *Filing Failures*, as defined in the *International Standard for Results Management*, within a twelve-month period by an athlete in a *Registered Testing Pool (RTP)*
- ❖ Tampering or attempted tampering with any part of doping control by an athlete or other person
- ❖ Possession of a prohibited substance or a prohibited method by an athlete or athlete support person
- ❖ Trafficking or attempted trafficking of any prohibited substance or prohibited method by an athlete or other person
- ❖ Administration or attempted administration by an athlete or other person to any athlete in-competition of any prohibited substance or prohibited method, or administration or attempted administration to any athlete out-of-competition of any prohibited substance or any prohibited method that is prohibited out of competition.
- ❖ Complicity or attempted complicity by an athlete or other person. This includes assisting, encouraging, aiding, abetting, conspiring, covering up or any other type of intentional complicity or attempted complicity involving an *ADRV*, attempted *ADRV* or violation of prohibition against participation during a period of ineligibility or provisional suspension.
- ❖ Prohibited association by an athlete or other person. This is defined as association by an athlete or other person subject to the authority of an *Anti-Doping Organisation* in a professional or sport-related capacity with any athlete support person who:
  - is serving a period of ineligibility related to one of the above *ADRVs*; or
  - has been convicted in a court for engaging in conduct that would be considered an *ADRV*;
  - or
  - is serving as a front or intermediary for an individual above.

### Consequences if you commit an ADRV under the WADC and IGF Anti-Doping Policy

Consequences if you commit an *ADRV* may include, but are not limited to:

- ✓ Disqualification of results in a particular competition or event
- ✓ Forfeiture of any medals, points, and prizes
- ✓ Loss of benefits, grants, awards, employment, and training facilities provided by golf organisations
- ✓ An ineligibility period that may vary according to circumstances
- ✓ Public announcement

**The sanctions on individuals can be found in Article 10 of the [2021 IGF Anti-Doping Policy](#) and are in line with those found in Article 10 of the [2021 WADC](#).**

## Specified substances and substances of abuse

The WADA *Prohibited List* classifies certain substances as “specified substances” and others as “substances of abuse”. An athlete may receive a reduced sanction for an ADRV related to these substances.

Note: a reduced sanction is not available for the following prohibited classes:

- Anabolic agents
- Peptide hormones, such as EPO and EPO-like substances
- Growth hormone, growth factors, related substances, and mimetics
- Hormone and metabolic modulators such as agents modifying myostatin function(s) and insulins
- Non-specified stimulants

## Athlete support personnel

Coaches, trainers, managers, agents, team staff, officials, medical, paramedical personnel, parents or any other persons working with, treating or assisting a player participating in or preparing for the Olympic Games Tokyo 2020 may fall under the category of ‘athlete support personnel’ or ‘other person’ in the *IGF Anti-Doping Policy*.

The WADC, and WADC-compliant rules such as the *IGF Anti-Doping Policy*, include sanctioning athlete support personnel and other persons who are found guilty of doping violations associated with tampering, possession, trafficking, administration and prohibited association.

Certain trafficking and administration violations are considered particularly serious, such as those involving a minor or prohibited substances that do not fall into the ‘specified substance’ category in the *Prohibited List*. These types of ADRVs may also be in violation of other sporting laws and regulations and shall be reported to the competent administrative, professional or judicial authorities.

## How to report doping?

Whistleblowing is considered as a fundamental and legitimate source of information. The IGF encourages anyone who has any doping suspicion about athletes, supporting staff or entourage to report this information confidentially.

The ITA has launched a dedicated secure whistleblowing platform, REVEAL ([www.reveal.sport](http://www.reveal.sport)), which will also cover doping-related intelligence reports relating to the Olympic Games Tokyo 2020. All athletes, coaches, medical personnel and other persons involved in the Olympic Games Tokyo 2020 may use REVEAL as an encrypted channel of communication for sharing any whistleblowing or intelligence information related to doping information or suspicions. Any report may be submitted in complete anonymity.

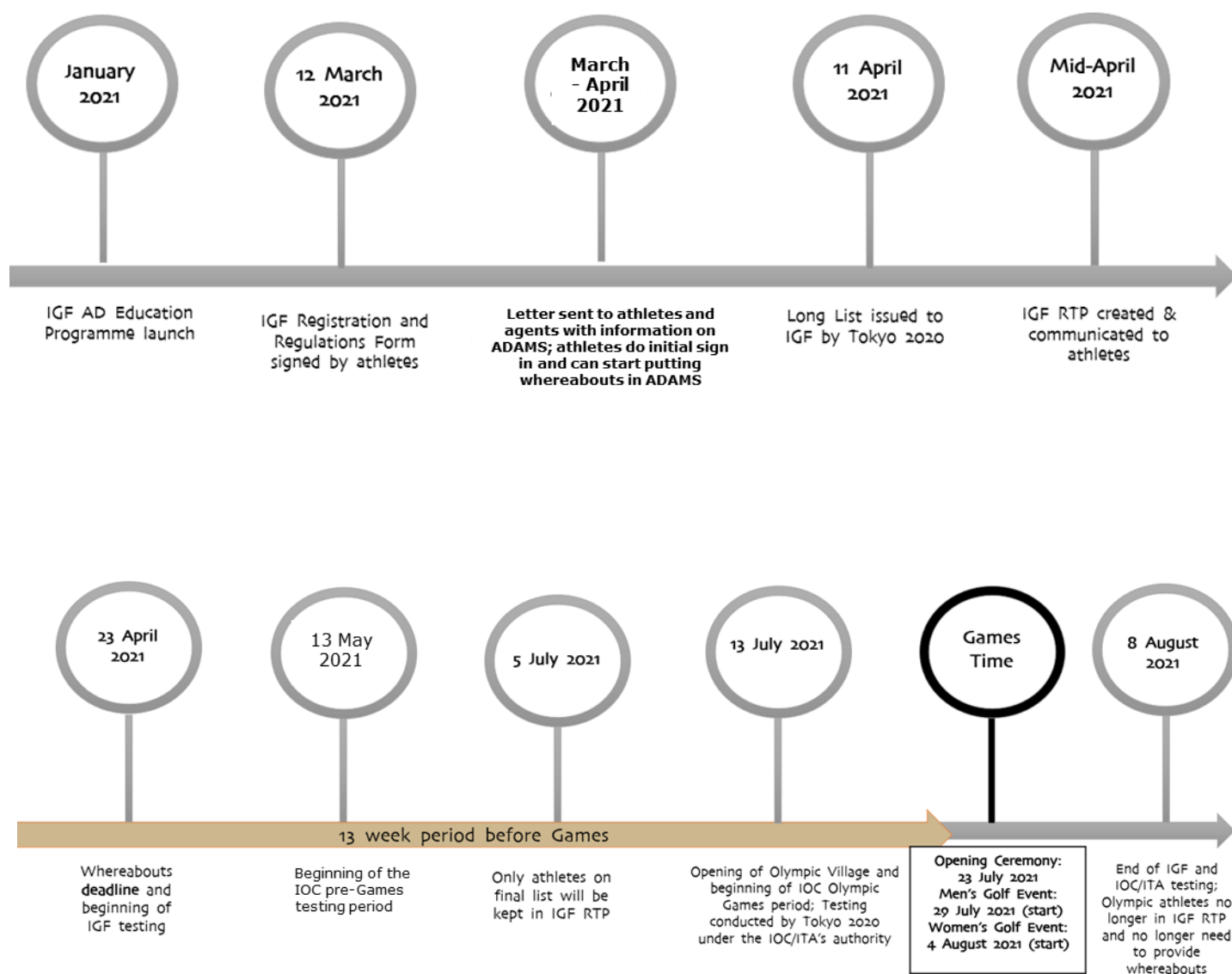
## Journey to the Games – Key Dates

Date	Activity
January 2021	Information documents on the IGF website, such as the 2021 <i>IGF Anti-Doping Policy</i> , the IGF 2021 Anti-Doping Programme for the Olympic Games 2020 document and the IGF Anti-Doping Handbook
12 March 2021	<p>Deadline for the online 2021 <i>IGF Games Registration and Regulations Form</i> to be completed, signed and saved in the IGF registration system.</p> <p>As of completion of the online form, creation/update of relevant profiles in <i>ADAMS</i> for athletes (and athlete agent accounts when requested)</p>
March and April 2021	<p>After the <i>NOC Long List</i> is available, a confirmation letter of inclusion in the <i>RTP</i> will be sent to the athletes on the <i>Olympic Golf Rankings (OGR)</i> and <i>NOC Long List</i> (and third parties/agents).</p> <p>Athletes log into <i>ADAMS</i>, set up their personal questions, two-factor authentication and change their password.</p> <p><i>RTP</i> athletes apply to IGF Anti-Doping Office for <i>Therapeutic Use Exemptions (TUEs)</i> if needed and/or provide by 23 March 2021 valid national or Tour <i>TUE</i> certificates for recognition by the IGF.</p>
<b>23 April 2021</b>	<p>Start of IGF's Olympic testing programme</p> <p>Athletes in the <i>Olympic Golf Rankings</i> are put in the IGF's Olympic <i>RTP</i></p> <p>Deadline for athletes' <i>Whereabouts</i> submission in <i>ADAMS</i></p>
13 May 2021	Start of <i>IOC/ITA</i> pre-Games testing programme
23 April – 8 August 2021	Olympic Golf athletes submit <i>Whereabouts</i> in <i>ADAMS</i> and are part of pre-Olympic and Olympic testing programmes
5 July 2021	Athletes who are not in the final Olympic qualification list on 5 July 2021 will be removed from the IGF's <i>RTP</i> and informed in writing
8 August 2021	<p>End of IGF's Olympic <i>RTP</i> and IGF's and <i>IOC</i>'s Olympic testing programmes</p> <p>End of jurisdiction</p>



## Athletes' Roadmap for Olympic Games Anti-Doping Programme

### Overview of Olympic Games Anti-Doping Programme – [timeline](#)



## Education Resources

**Various publications are available to assist you prior to the Games:**



## Who to Contact with any Further Questions

### International Golf Federation (IGF)

IGF Anti-Doping Office  
Maison du Sport International  
Avenue de Rhodanie 54  
1007 Lausanne  
Switzerland  
Tel: +41 21 623 12 14  
[www.igfgolf.org](http://www.igfgolf.org)

Email address **for general anti-doping queries** and **TUE applications**: [AntiDoping@igfmail.org](mailto:AntiDoping@igfmail.org)

Email address **specifically for Olympic RTP athletes as of mid-March 2020**:  
[OlympicRTP@igfmail.org](mailto:OlympicRTP@igfmail.org)

### IGF Athlete Relations Liaisons for Professional Tour Athletes

LPGA Tour – Alexis Abraham: [alexis.abraham@lpga.com](mailto:alexis.abraham@lpga.com)

PGA Tour - Billy Schroder: [billyschroder@pgatourhq.com](mailto:billyschroder@pgatourhq.com)

European Tour - David Park: [dpark@europeantour.com](mailto:dpark@europeantour.com)

Ladies European Tour - Michael Wood: [michael.wood@ladieseuropeantour.com](mailto:michael.wood@ladieseuropeantour.com)

### National Bodies

*National Anti-Doping Organisations (NADOs)*: list [here](#)

Role: manage national anti-doping programmes

*National Olympic Committees (NOCs)*: list [here](#)

Role: provide anti-doping support to *IOC/ITA* during Olympic Games and may conduct national testing if the country does not have a *NADO*.

*National Federations (NFs)*: list [here](#)

Role: may help coordinate between athletes and *NADOs* and may in certain cases conduct their own testing.

## Glossary

Terms in this glossary appear capitalised and in italics throughout the document.

<i>ADAMS</i>	The Anti-Doping Administration and Management System ( <i>ADAMS</i> ) is a web-based database management tool for data entry, storage, sharing and reporting designed to assist stakeholders and World Anti-Doping Agency ( <i>WADA</i> ) in their anti-doping operations in conjunction with data protection legislation.
<i>ADRV</i>	Anti-Doping Rule Violation (see page 24 for more details)
<i>Anti-Doping Organisation</i>	<i>WADA</i> or a Signatory that is responsible for adopting rules for initiating, implementing or enforcing any part of the doping control process. This includes, for example, the International Olympic Committee, other major event organisations that conduct testing at their events, International Federations, and National Anti-Doping Organisations.
<i>Athlete Central</i>	<i>WADA's</i> app launched in November 2019 to facilitate athlete compliance with <i>Whereabouts</i> rules. It replaces <i>WADA's</i> previous app.
<i>BCO</i>	Blood Collection Officer
<i>DCF</i>	<i>Doping Control Form</i>
<i>DCO</i>	<i>Doping Control Officer</i>
<i>Doping Control Form</i>	Form filled out by the <i>DCO</i> and the athlete during doping control. See page 17 for an example of a <i>DCF</i> .
<i>Doping Control Officer</i>	Official who has been trained and authorised by the <i>Anti-Doping Organisation</i> with delegated responsibility for the on-site management of a sample collection session.
<i>Filing Failure</i>	A failure by the athlete (or by a third party to whom the athlete has delegated the task) to make an accurate and complete <i>Whereabouts</i> filing that enables the <i>RTP</i> athlete to be located for testing at the times and locations set out in the <i>Whereabouts</i> filing or to update that <i>Whereabouts</i> filing where necessary to ensure that it remains accurate and complete, all in accordance with Article 4.8 of the <i>International Standard</i> for Testing and Investigations and Annex B.2 of the <i>International Standard</i> for Results Management.
<i>IGF Anti-Doping Policy</i>	Anti-doping rules created by the IGF in line with the <i>World Anti-Doping Code</i> ( <i>WADC</i> ) and its <i>International Standards</i> .
<i>IGF Games Registration and Regulations form</i>	All athletes and caddies must sign the <i>IGF Games Registration and Regulations Form</i> confirming their acceptance of the rules laid out in the <i>IGF Anti-Doping Policy</i> and <i>IGF Olympic Golf Regulations</i> .
<i>IGF Period of the Pre-Olympic Games Tokyo 2020</i>	The period commencing on 23 April 2021, up until and including the day prior to the opening of the athlete village for the <i>Olympic Games Tokyo 2020</i> namely, 12 July 2021.

<i>International Standard</i>	Mandatory standard that works in conjunction with the <i>World Anti-Doping Code (WADC)</i> and aims to foster consistence among <i>Anti-Doping Organisations</i> in a specific area of anti-doping. There are eight <i>International Standards</i> in 2021: the <i>Prohibited List</i> , the <i>International Standard</i> for Testing and Investigations (ISTI), the <i>International Standard</i> for Laboratories (ISL), the <i>International Standard</i> for Therapeutic Use Exemptions (ISTUE), the <i>International Standard</i> for the Protection of Privacy and Personal Information (ISPPPI), the <i>International Standard</i> for Code Compliance by Signatories (ISCCS), the <i>International Standard</i> for Education (ISE) and the <i>International Standard</i> for Results Management (ISRM).
<i>IOC</i>	International Olympic Committee
<i>ITA</i>	International Testing Agency
<i>Missed Test</i>	A failure by the <i>RTP</i> athlete to be available for testing at the location and time specified <u>in the 60-minute time slot</u> identified in their <i>Whereabouts</i> filing for the day in question, in accordance with Article 4.8 of the <i>International Standard</i> for Testing and Investigations and Annex B.2 of the <i>International Standard</i> for Results Management.
<i>NADO</i>	<i>National Anti-Doping Organisation</i>
<i>National Anti-Doping Organisation</i>	The entity(ies) designated by each country as possessing the primary authority and responsibility to adopt and implement anti-doping rules, direct the collection of samples, the management of test results, and the conduct of hearings at the national level. If this designation has not been made by the competent public authority(ies), the entity shall be the country's National Olympic Committee or its designee.
<i>NF</i>	National Federation
<i>NOC</i>	National Olympic Committee
<i>NOC Conditions of Participation Form</i>	As required by the International Olympic Committee ( <i>IOC</i> ) and in accordance with Rule 40 of the <i>Olympic Charter</i> , all athletes and caddies must complete <i>Conditions of Participation Forms</i> , acknowledging their compliance with the <i>Olympic Charter</i> and <i>World Anti-Doping Code (WADC)</i> .
<i>NOC Long List</i>	<i>NOCs'</i> accreditation applications for all potential athletes form the ' <i>NOC Long List</i> '. It should include the details of all athletes who may potentially participate in the Olympic Games, regardless of their qualification status at the time of the accreditation application deadline, as well as details of all potential alternate athletes
<i>OCOG</i>	Organising Committee for the Olympic Games ( <i>Tokyo2020</i> )
<i>OGR</i>	<i>Olympic Golf Rankings</i>
<i>Olympic Charter</i>	The <i>Olympic Charter</i> is the codification of the Fundamental Principles of Olympism, Rules and Bye-Laws adopted by the International Olympic Committee ( <i>IOC</i> ). It governs the organisation, action and operation of the Olympic Movement and sets forth the conditions for the celebration of the Olympic Games.
<i>Olympic Golf Rankings</i>	The IGF utilises the official world golf rankings to create the Olympic golf rankings as a method of determining eligibility.

<i>Period of the Olympic Games Tokyo 2020</i>	The period commencing on the date of the opening of the athlete village for the Olympic Games Tokyo 2020, namely, 13 July 2021, up until and including the day of the closing ceremony of the Olympic Games Tokyo 2020, namely, 8 August 2021.
<i>Prohibited List</i>	The list published by WADA that identifies the prohibited substances and prohibited methods.
<i>Qualification System</i>	Consists of the rules, procedures, and criteria established by the IGF for participation in the competitions of the Olympic Games, subject to final selection by each National Olympic Committee upon recommendation of the respective National Federation. These systems ensure that eligibility is in conformity with the <i>Olympic Charter</i> and the <i>Qualification System</i> principles established by the IOC.
<i>Registered Testing Pool</i>	The pool of highest-priority athletes established separately at the international level by International Federations and at the national level by <i>National Anti-Doping Organisations</i> , who are subject to focused In-Competition and Out-of-Competition Testing as part of that International Federation's or <i>National Anti-Doping Organisation's</i> test distribution plan and therefore are required to provide <i>Whereabouts</i> information (including a daily 60-minute time slot).
<i>Results Management Authority</i>	The organisation that is responsible for the management of the results of testing (or other evidence of a potential anti-doping rule violation) and hearings.
<i>RTP</i>	<i>Registered Testing Pool</i>
<i>Sample Collection Authority</i>	The organisation that is responsible for the collection of samples, whether (1) the <i>Testing Authority</i> itself; or (2) another organization (for example, a third party contractor) to whom the <i>Testing Authority</i> has delegated or sub-contracted such responsibility.
<i>Testing Authority</i>	The <i>Anti-Doping Organisation</i> that authorises testing on athletes it has authority over. Note: this may be different from the <i>Sample Collection Authority</i> .
<i>Therapeutic Use Exemption</i>	Provides for the right of athletes to undergo medical treatment under certain conditions. While most common illnesses can be treated with medications that do not contain prohibited substances, the WADC allows for athletes to apply for a <i>Therapeutic Use Exemption</i> to enable them to use, for a legitimate medical condition, an otherwise prohibited substance or method. A TUE certificate is issued to the athlete indicating the specific period of validity of approval, dosage and route of administration for the prohibited substance and/ or method.
<i>Tokyo2020</i>	Refers to the Organizing Committee of this edition of the Olympic Games
<i>TUE</i>	<i>Therapeutic Use Exemption</i>
<i>WADA</i>	World Anti-Doping Agency
<i>WADC</i>	The <i>World Anti-Doping Code</i>
<i>Whereabouts</i>	<i>Whereabouts</i> are information provided by elite athletes about their location to their International Sport Federation or <i>National Anti-Doping Organisation</i> (NADO) that included them in their respective testing pools as part of these athletes' anti-doping responsibilities.
<i>Whereabouts Failure</i>	<i>A Filing Failure or a Missed Test.</i>



<p><i>World Anti-Doping Code</i></p>	<p>The <i>World Anti-Doping Code (WADC)</i> is the core overarching document that harmonizes anti-doping policies, rules and regulations within sport organisations and among public authorities around the world. The <i>IGF Anti-Doping Policy</i> and the IOC Anti-Doping Rules are based on the <i>WADC</i>.</p>
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